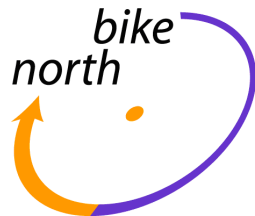


BNCC
60...
100...
160



**10th Bike North Inc.
Century Challenge
Sunday 1 May 2011
Registration Form**

In this event pre-registered riding groups consisting of 2, 3 or 4 **Bike North Members** riding two or more separate human powered vehicles choose to ride difficult loops of 60km or 100km or 160km distance. Each group must stay together but ride independently of other groups. Forming riding groups is each rider's responsibility and must be done prior to registration. We strongly recommend that all riders in a group are selected to be of similar riding ability.

The BNCC presents challenges in self-sufficiency, navigation, fitness and riding skills. It is not a race and there is no competitive element at all. Groups must be self-sufficient in every way, and Bike North Inc. will not provide a leader, nor a sweep rider nor any on-the-road support. Starting times from Wahroonga will be allocated, and the Event Organiser may accept or reject entries at their discretion. There is no fee for this all day event. Please refer to Chain Mail and the BNCC Ride Guide for more information. Good luck!!

Risk Warning: As a participant in this dangerous recreational activity, you may be exposing yourself to a significant risk of harm. Bike North, the ride organisers wish to warn you of the risks and hazards that are an inherent part of cycling, and to take care to prevent putting yourself, your fellow participants and/or others into danger.

By signing this form you:

- (a.) accept the above warning as to risk,
- (b.) agree to ride in a safe and responsible manner,
- (c.) agree to obey all Australian Road Rules,
- (d.) attest you are members of Bike North Inc.,
- (e.) attest that you are physically fit,
- (f.) attest that your bikes are in top mechanical condition suitable for the ride,
- (g.) agree that your riding group will stay together the entire time,
- (h.) agree to call in by phone if not completing the event,
- (i.) agree to abide by the riding directions given by the organisers on the day,
- (j.) attest that all "in-control" riding participants are over 16 years of age.

Riding Group Name: (essential)

Designated Group Mobile Phone No. (essential) :

Chosen challenge distance (tick one box):
3 big hills 60 km 5 big hills 100km 8 big hills 160km

Rider(s) carrying First Aid Kit (tick at least one box) :
Rider 1 Rider 2 Rider 3 Rider 4

Overall on this route, including stops, we rate our group as:
Medium Slow Medium Medium Fast Fast

Rider(s) with helmet, bottle, jacket, tail light, Ride Guide
Rider 1 Rider 2 Rider 3 Rider 4

Rider 1 Full Name:	Rider 2 Full Name:
Number of mobile phone carried on-the-ride:	Number of mobile phone carried on-the-ride:
Emergency contact number off-the-ride (ie non-rider):	Emergency contact number off-the-ride (ie non-rider):
Email contact details:	Email contact details:
Longest single day ride completed so far: km.	Longest single day ride completed so far km.
Signature showing your agreement to conditions:	Signature showing your agreement to conditions:
Rider 3 Full Name:	Rider 4 Full Name:
Number of mobile phone carried on-the-ride:	Number of mobile phone carried on-the-ride:
Emergency contact number off-the-ride (ie non-rider):	Emergency contact number off-the-ride (ie non-rider):
Email contact details:	Email contact details:
Longest single day ride completed so far km.	Longest single day ride completed so far km.
Signature showing your agreement to conditions:	Signature showing your agreement to conditions:

Groups must register using this form by **Friday 15th April 2011**. Option 1: Scan this form when complete and email to speedwell74@yahoo.com, or Option 2. Post form to: "Bike North Century Challenge", PO Box 3795, Marsfield, NSW 2122.