



60
100
120
160
200

Registration Form

Bike North Century Challenge

Sunday 30 April 2017

In this event pre-registered riding groups of 2, 3 or 4 **Bike North Members** riding two or more separate human powered vehicles choose to ride difficult loops of 60km, 100km, 120k, 160km or 200km distance. Each group must stay together but ride independently of other groups. Forming riding groups is each rider's responsibility and must be done prior to registration. We strongly recommend that all riders in a group are of similar riding ability.

The BNCC presents challenges in self-sufficiency, navigation, fitness and riding skills. It is not a race and there is no competitive element at all. Groups must be self-sufficient in every way, and Bike North will not provide a leader, nor a sweep rider, nor any on-the-road support. Starting times from Wahroonga will be allocated, and the Event Organiser may accept or reject entries at their discretion. There is no fee for this all day event. Please refer to BNCC Ride Guide for more information. Good luck!!

Risk Warning: As a participant in this dangerous recreational activity, you may be exposing yourself to a significant risk of harm. Bike North, the ride organiser, warns you of the risks and hazards that are an inherent part of cycling, and advise you to take care to prevent putting yourself, your fellow participants and/or others into danger.

By signing this form you:

- (a) accept the above warning as to risk,
- (b) agree to ride in a safe and responsible manner,
- (c) agree to obey all Australian Road Rules,
- (d) attest you are members of Bike North Inc.,
- (e) attest that you are physically fit for the chosen ride,
- (f) attest that your bikes are in top mechanical condition,
- (g) agree that your riding group will stay together the entire time,
- (h) agree to call in by phone if not completing the event,
- (i) agree to abide by the riding directions given by the organisers,
- (j) attest that all "in-control" riding participants are over 12 years of age; and if between 12 and 18 will be continually supervised by a cycling adult during the event.

Riding Group Name: (essential)

Contact Mobile Phone number for Group: (essential) :

Challenge distance for the group (tick one box):
60 km 100km 120km 160km 200km

Rider(s) carrying First Aid Kit (tick at least one box) :
Rider 1 Rider 2 Rider 3 Rider 4

Overall on this route, including stops, we rate our group as:
Medium Slow Medium Medium Fast Fast

Rider(s) with helmet, bottle, jacket, tail light, Ride Guide
Rider 1 Rider 2 Rider 3 Rider 4

Rider 1
Full Name:

Rider 2
Full Name:

Email

Email:

Longest single day ride completed so far: km.

Longest single day ride completed so far km.

Number of mobile phone carried **on-the-ride:** 04

Number of mobile phone carried **on-the-ride:** 04

Emergency contact number **off-the-ride (ie non-rider):**

Emergency contact number **off-the-ride (ie non-rider):**

Signature showing your agreement to conditions:

Signature showing your agreement to conditions:

Rider 3
Full Name:

Rider 4
Full Name:

Email

Email

Longest single day ride completed so far km.

Longest single day ride completed so far km.

Number of mobile phone carried **on-the-ride:** 04

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Emergency contact number **off-the-ride (ie non-rider):**

Emergency contact number **off-the-ride (ie non-rider):**

Signature showing your agreement to conditions:

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Groups must register using this form by **Friday 21st April 2017**. Option 1: Print, complete and scan form then email to bncc@bikenorth.org.au, or Option 2. Post form to: "Bike North Century Challenge", 2 Lincoln Close, Asquith NSW 2077 (NB form must reach this address also by 21st April, 2017)